

# THE COMPLIMENT *Game*



JUGAR | LIFE

# THE COMPLIMENT GAME

## INSTRUCTIONS

This is a great game for groups of four or more people that know each other quite well. It starts with writing each person's name on a bit of paper and putting them in a bowl for people to select one each. Then, if a player gets their own name, they put it back in the bowl and select another name. Once everyone has a person's name, they need to roll a dice or select a number, either 1, 2, 3, 4, 5 or 6. The number on the dice they rolled or the number they selected matches a question below that they will share with that person when it's their turn to give the compliment to the person's name they picked out of the bowl.

Everyone sits in a circle and takes turns to share the compliment for the person's name they have. This is a pleasurable activity to play at the dinner table or work to finish a meeting. Sharing compliments about others and receiving them is something that will put a smile on everyone's face, that's for sure.

### **Compliment Game Questions**

1. What do you admire most about this person?
2. What have they done in the last year that you are really proud of?
3. When you're around this person, they make you feel happy because.....
4. This person makes you laugh.....
5. What are the best qualities that this person has that makes them stand out from the crowd?
6. When you are with this person, you smile because.....